



Headstreams' Monthly Wows

September 2019

We are delighted to present our monthly updates, news and perspectives from the field.

Headstreams is committed to shaping *"a world where every person has opportunities to realise their inherent potential to live a positive, confident, intentional and socially productive life."*

STORY OF THE MONTH

It is over 11 years since Headstreams began. All through, the consistent desire has been to discover/innovate ways to enable participants to live meaningful lives. Facilitating the realization of their inherent potential to do this, has been the thread that runs through all our work – be it related to education, livelihoods or community development.

We are currently exploring how the practice of "Habits of Mind (HoM)" can best be introduced among children and youth. We enable this by providing safe facilitated learning environments underpinned by free choice and goal-setting paradigms. Our belief is that this can leverage capacities for problem solving, self-awareness and empathy. Constant systematic reflection is part of the process, and this is already yielding valuable affirmations, insights and challenges for us as facilitators.

Recently, while conducting a HoM session on the habit of "Persistence" in a Home for Boys (who had had a brush with the law), one of them asked, "What if we use our persistence to pursue illegal things?"

Later, discussing as a team, we were grateful that the boy was able to voice his thoughts, given the safe space that had been created for the children to freely share.

[Read the full story](#)

OTHER UPDATES

Celebrating the success of our Aalamba Internship Program students!



The Aalamba Internship program supports youth from Malur find meaningful livelihood opportunities by engaging with them through a year-long internship process. Recently, 78% of program participants got placed in a reputed IT company. We are proud of them and wish them all the best in their journey ahead.

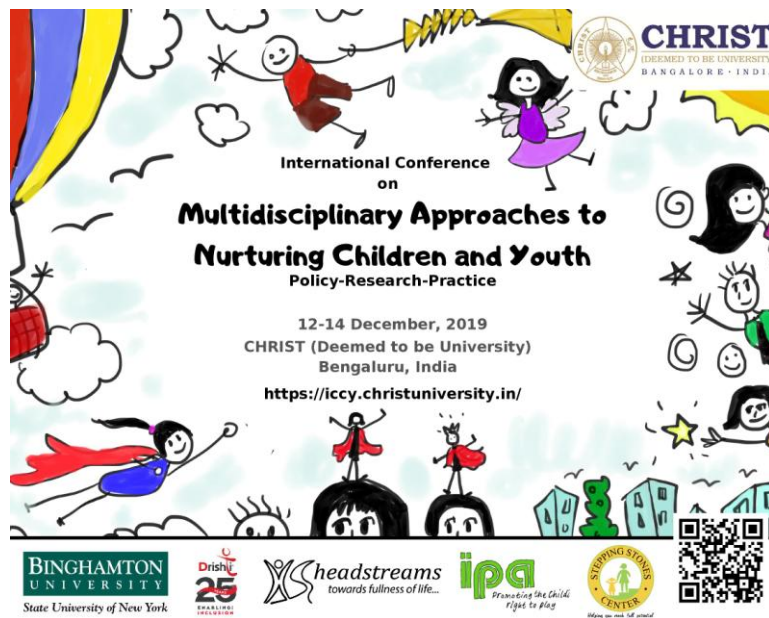
Volunteering opportunity at our weekend program, Tackle Caravan



In the words of our volunteer, Varsha Ashok, "I felt like we were not at the caravan location but a fest with all the music around and various stalls where children were completely engaged. It seemed like everyone was having fun and was completely in the moment." Read about her experience at <http://tackletaes.blogspot.com/>

To experience our Tackle Caravan sessions, organised every Saturday afternoon, write to us at contact@headstreams.org

Register for the International Conference on Multidisciplinary Approaches to Nurturing Children and Youth (ICCY-2019)



We are excited to announce the the International Conference on Multidisciplinary Approaches to Nurturing Children and Youth (ICCY-2019) scheduled on 12-14 December 2019 in CHRIST (Deemed to be University), Bengaluru, India. The conference is organised by the Department of Psychology, CHRIST (Deemed to be University), Bengaluru, India in association with Headstreams,International Play Association (IPA-India), Drishti, Stepping Stones, India and Binghamton University, New York. To know more about the Conference and to participate, visit the website <https://iccy.christuniversity.in/> and also write to us at playconference@headstreams.org

We will continue to share our monthly updates with you, because our journey so far would not have been possible without friends and well - wishers like you. Hope you enjoy reading about our work and please do provide feedback!

In case you do not want to continue getting our monthly news updates, send us a message.

Playfully,

Headstreams

For any queries or information, send an email to contact@headstreams.org or call us on+91-80-25200318