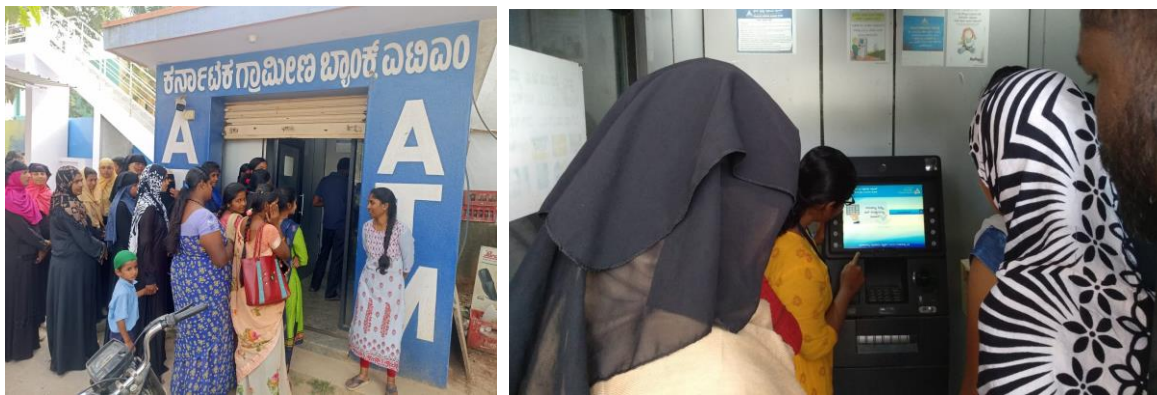


Greetings of the Season!

Before we step into the new year, we wanted you to catch up on the various activities we have been busy with at Headstreams over the last nine months of this financial year.

AALAMBA INTERNSHIP PROGRAM

A program for rural women in the villages of Kolar District, Karnataka, 6 SHGs have been formed, 2 Skill Development Centers (Doddamalle, K G Halli) have been constructed and space for 4 more (Tekal, Sonapanahatti, Makarahalli, Banahalli) has been hired out. Women from the SHGs have been handcrafting miniature terracotta bricks that are packaged and sold under the brand name, Kattoos, a part of Headstreams' livelihood initiative, Pipal Leaf. Besides this, most SHG members have undergone a three-month training in entrepreneurship basics as well as completed 12 sessions in Financial Literacy. Under Entrepreneurship basics, they learned to set a financial goal, trained in two hand building techniques of clay, created their own product and priced it, and projected for sales to see if they met their goal. Under Financial Literacy, the women learned the importance of savings, how to increase their ability to, what causes a debt trap, government poverty alleviation and insurance schemes that are active right now, and how to operate an ATM. Apart from internship sessions, the SHGs have also been conducting regular SHG meetings. In the coming quarter, the women will be undergoing sessions in digital literacy. At the moment, we have over 40 primary interns undergoing this program.



Seen here, SHG members from Banahalli and Makarahalli visit the Pragathi Krishna Gramin Bank on December 7, 2022.

Spoorthi Training: Each SHG has a representative called Spoorthi, who coordinates the various activities of the SHGs. Since May 2022, five Spoorthi trainings have been conducted (May 7 & 11, June 4, July 1 and December 8), during which the Spoorthis have been taught to fill the stock

sheet, production sheet, monitor SHG and internship attendance and fill in the income and expenses sheet. Spoorthis have also supervised the internship sessions of entrepreneurship and financial literacy. Spoorthis are given a monthly honorarium by the SHG they lead, as a token of appreciation for the work they do.



Seen here, Spoorthis undergoing training in facilitation of SHG sessions.

Secondary Internship Training: Headstreams has undertaken the task of orienting 1200 women to entrepreneurship in Kolar District this year. Done as a one-day workshop, the women assess the resources they already have, learn the basics of one handcrafting skill, and are introduced to how the market value of a creation using this skill can be increased so profit margin increases. As of November 30, 2022, 265 women have attended the full-day training.



Seen here, women undergoing training in silk thread jewellery making.

HOLA TARANG

Since 2018, Headstreams has been working in Government Child Care Institutions in Bengaluru. Over the last nine months, we have introduced new self-directed skill development courses in (Block Printing, Mehendi Designs Level 2, Journaling, English Vocabulary Building and Acrylic Painting) and completed 5 cycles of Experiential Entrepreneurship Workshops, in the 3 Homes we work in. Through the entrepreneurship workshops, the children learned to make saleable products like jewellery, keychains and Christmas ornaments in terracotta, yarn ball light shades, and stencil painting bags. The highlight was when the DCPO placed an order of 50 stencil-

painted bags. This first official order was completed by the children from the Observation Home, Madiwala in October 2022.

In addition, a couple of extra-curricular activities that the children got to do were:

1. The children from the Government Home for Girls experienced a play at Chowdaiah Memorial Hall, Bangalore. Even though they did not understand much of the play in English, the whole experience was filled with excitement and awe.
2. Select children from the Government Home for Boys visited Chamundi Hills, Mysore Palace and the Mysore Zoo. The children were accompanied by the Home staff and Headstreams facilitators.
3. Sessions on Anger Management and Menstruation and Menstrual health were conducted through games and activities. Initially the children were hesitant to open up; but as the session progressed, there were many questions and the doubts they raised were answered. As part of the academic course on Play and Human Development, Tackle Caravan has restarted in the Government Home for Girls and Boys on alternate Saturdays.



Seen here, terracotta jewellery made by the children, and the completion of first order of 50 stencil-painted bags for the DCPO

LET'S PLAY CAMPAIGN

‘Let’s Play’ is an annual campaign that encourages individuals to create play spaces and make time for play. This year the campaign took place between November 5th and December 15th. 300+ individuals across India participated this year in events conducted by 45 play hosts. The flagship event was held on November 12th to celebrate Children's Day, when over 250 children from 4 Government Child Care Institutions of Bangalore took part. Over 40 student volunteers helped make this day special for the underprivileged children.



Seen here, children playing outdoor and indoor games

ACADEMIC COURSES

Every year, Headstreams trains college students to become play facilitators through a one-year academic course called Play and Human Development. This year we have 12 students from Christ (Deemed-To-Be) University, 7 students from Mount Carmel College and 1 student from St. Joseph's University doing the course. The first orientation workshops were held in the Headstreams office on September 24th and October 15th. The students learn the theory of the course on Moodle and facilitate play spaces for underprivileged children on Saturday afternoons, as part of their practical work.



Seen here, students involved in an activity during the orientation.

YOUTH INTERNSHIP PROGRAM

As part of our work with children at risk, Headstreams piloted a program called Youth Internship Program this year. This had two components: Short-term entrepreneurial training and a Long-term Internship.

Short-Term Entrepreneurial Workshops: This was a series of workshops conducted across various Government and private Child Care Institutions for over 300 + children. In the workshops, the children learnt to budget for a goal, were introduced to a handcrafting skill (terracotta jewellery), and priced the saleable products they made. Workshops have been

conducted for girls at SPARSHA and APSA in Bengaluru and the Government Homes for Girls in Mysore, Madikeri and KGF.



Seen here, terracotta jewellery made by the children

Long-term Internship Program: In July, Headstreams began a long-term Internship at the Headstreams office premises. Six young persons who have been part of Government Child Care Institutions joined the internship. The objective of the internship is to enable the interns to gain self-employable skills and be introduced to the basics of running a profitable business. Accordingly, the main activities of the internship are learning handcrafting skills enough to make saleable products, numerical literacy, digital literacy, financial literacy, spoken English skills and business literacy.

The first three months were dedicated to learning handcrafting of terracotta jewellery and making the first sales at two exhibition events. Through this, the interns got a taste of what is possible. The next two months were spent as part of SAMARTH, a program in pottery skills, run by the Department of Handicrafts. Through the month of December, the interns have worked on prototyping new terracotta products and honing their numeracy skills.

In addition to this, the Headstreams team has helped them open bank accounts, and procure Aadhaar Cards. To ensure holistic development and learn leadership skills, the interns help facilitate the Play and Learn sessions at our HSR project site every Saturday.



Seen here, an intern crafting a planter, and products made by the interns during the SAMARTH training on pottery skills

ANU AKKA'S TACKLE PROGRAM (AATP)

Begun in memory of Anu Thomas, AATP is a program where 33 village volunteers called OLCs (Open Learning Champions) conduct the Play and Learn sessions for children for an hour or two every week. Early in 2022, summer camps were conducted in all the villages. Over the last six months, 4 OLC trainings have been conducted, in which two learning kits (created and coordinated inhouse) and more play materials (chess boards, badminton, balls, indoor puzzles) were added to the AATP Kit. The two learning kits were the Curiosity Cat kit (to learn English) and the Maths and Logical Thinking Kit (introducing basic arithmetic and geometry concepts). In addition to this, the OLCs were trained to conduct Let's Play events in their AATP spaces, to contribute towards the Let's Play Campaign 2022. A title song "ಆಟ ಆಡೋಣ ಬಾ " was taught. 20 OLCs and 5 volunteers took part



Seen here, a OLC training introducing the Maths Kit and children exhibiting their art work at a Let's Play event

TACKLE CARAVAN at HSR

40+ children of a migrant colony close by attend our Tackle Caravan sessions at HSR Play & Learn Centre every Saturday afternoon. Based on multiple intelligences, a typical Tackle Caravan session has several pop-up spaces where a variety of activities are facilitated. These include art and craft, dance and music, digital play via computer and tabs, pretend play with dolls and other imaginative play materials, indoor games (carroms, tic tac toe, chess, puzzles, etc), reading and learning English space, Rough & Tumble space, etc. The long-term YIP interns assist in managing and facilitating the activities, along with our staff.



Seen here, an art and craft session in progress, and children gathering for an action song

PIPAL LEAF

2022 began with a deep exploration into possible products that could be produced by rural women for sustainable livelihoods. The effort was to prototype products using local resources that are found in abundance in our field area of Kolar District. 5 products were prototyped in partnership with two designers: 4 ceramic products and 1 lantana product.

Apart from prototyping products, select staff also underwent training in various hand building techniques of clay. Skill Training of Trainers was conducted in terracotta jewellery (10 trainers), mosaic wall art (10 trainers), basic hand building techniques (5 trainers) and ceramic tiles (3 trainers).

We have launched a few new designs of Christmas ornaments for this season.



FRIENDS OF HEADSTREAMS

Friends of Headstreams is a well-wisher fund-raising initiative begun this year. Seven fundraising activities were initiated by the Friends of Headstreams:

- Three HOLA Design challenges with Ernst and Young employees
- One toy and donation drive at Canadian International School
- One toy drive by Mr. Siddarth in his school
- One Bake sale by Mrs. Ruth Cherian, Dubai
- One snacks sale by Mrs. Anne Thomas.

We thank all of them for extending their support.

If you would like to become a Friend of Headstreams, visit: https://bit.ly/AATP_Fundraiser, for a small note on how you may contribute. Alternatively, you could aid any of our programs through direct donations: <https://bit.ly/AnuAkkaTackleKitDonateNow>

Name: HEADSTREAMS

SB A/c No: 30405162186

Bank: State Bank of India, Indiranagar branch



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Please send you full name, PAN number, and address for us to
issue 80G receipts.